

Avatar Update

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*A subscription newsletter
to bring you bits and pieces
that clarify understanding
as I come to learn more
in my own Rabbit Hole
discoveries*

You and I Are Different

There is a 1971 interview on YouTube of Muhammad Ali by someone from the BBC that is totally priceless. Today it would be considered politically incorrect, and certainly if such views were presented by a white person, but to hear Ali express them in what is a most fluid and hilarious way makes them ring with common sense and that thing we call "truth." In fact, the video's title is *Muhammad Ali Tells the Truth 1971*. The simpering BBC interviewer, complete with shaggy '70s hair, tries to assure Ali that they are no different (i.e., humanity is all one), and Ali counters skeptically, "Yah, we much different."

BBC: I think society has made us different.

Ali: You know we are different. We are altogether different.

BBC: But society has *made* us different.

Ali: No, not society. God made us different.

BBC: No, no, we're just human beings. He made all of us.

Ali: Listen. (counting on fingers) Blue birds fly with blue birds, red birds want to be with red birds – (audience laughs) Listen, listen! Tell me when I'm wrong. Pigeons want to be with pigeons – BBC (tapping his head): But we have intelligence.

Ali: They don't have intelligence, but yet they stay together? We should have more intelligence than them. (Audience roars and claps)

BBC (bows his head and concedes the point)

Ali (cont'd): Buzzards are with buzzards, blue birds are with blue birds – They all are birds! But they got different cultures. The eagles like to hang out in the mountains; the buzzards like to fly in the desert; the blue birds like to fly around the trees and the grass –

BBC: But there'd be certain problems – a buzzard mating with a sparrow, wouldn't there?

Ali: Right, right. But we have the problems too. I don't see no black and white couples

(unintelligible) walking around proud, holding their children.

BBC: That's society's fault. We've got to educate people.

Ali: Well life is too short for me to (unintelligible) catchin' hell for something like that. I'd rather go be with my own, have a beautiful daughter, beautiful wife that look like me, we all happy and I don't have no trouble. (Audience roars) I ain't that much in love with no woman to go through all that hell – there ain't no one woman that good. You understand?

BBC: I understand. I do understand, but I think it's sad that –

Ali: (indignant) It ain't said that I want my child to look like me! Every intelligent person wants his child to look like him. I'm sad because I want to (unintelligible) out my race and lose my beautiful identity? Chinese love Chinese – they love the little slanted-eyed pretty brown-skinned babies. Pakistanis love their culture. Jewish people love their culture. Lotta Catholics – they want to marry them with Catholics – they want their religion to stay the same. Who want to spot up yourself and kill your race? (Staring with incredulity at interviewer) You in hate of your people if you don't want to stay who you are. You ashamed of what God made you? God didn't make no mistake when he made us all like we were.

BBC: I think that's a philosophy of despair. I really do.

Ali: It ain't no despair. Number one – (audience roars) – no woman on this whole earth – not even a black woman in Moslem countries – can please me and cook for me and socialize and talk to me like my American black woman. No woman! And last is a white woman ... can really identify with me and my feelings and the way I act and the way I talk. See? And you can't take no Chinese man and give him no Puerto Rican woman and holler about we're in love and you emotionally in love

and physically, but really they're not happy ... because she's gonna want to hear some Puerto Rican music and he's gonna listen to Chinese music, and they're gonna be clashing all the time. It's just nature! You can do what you want, but it's nature to want to be with your own. (Sits back in his chair) I want to be with my own. I love my people. That's all.

Today Ali is 71 and greatly limited by what appears to be advanced Parkinson's disease, which he was diagnosed with in 1984 and was thought, in his case, to be the result of trauma to his brain. Why do I like the above interview so much? Because Ali is real and not afraid to express something he clearly believes, and the audience laughing and clapping as they do either means they believe it too or they're glad Ali is making his points so colorfully and holding the shaggy-haired British wimp to the mat.

I wonder what that younger Muhammad Ali would do if he knew about chemtrails and 9/11 and all of the stuff we know. Today he is possibly the victim of neurological trauma resulting from being boxed on the head, but he might have been the victim of neurological trauma induced by radiation as well. Hard to tell. Easier to connect the clearest dots and be thankful that we ourselves are not boxing pros.

Extrasensory Perceptions

Speaking of radiation, we are witnessing the onward march of Smart Meters. A foot soldier of The Grid, these digital utility meters are being installed on the outside walls of our homes, replacing the much hardier analog meters of yesteryear, which are now denounced by power companies across the country. The Smart Meter also replaces the guys who stopped by every month to read our meters, thus saving the power companies a lot of gas and salaries ... but ... as actual computers, the meters can only endure the elements for a short time and will have to be frequently replaced. (Would you put your iPhone, which is also a computer, on the outside of your house every day, year after year?)

Here are some more interesting things about Smart Meters: They are attached to the wiring of your house, through which their regular (and very powerful) radio-frequency pulse shoots thousands of times a day. Things that are metal near the walls of your house pick up and conduct those frequencies, as my own bedsprings did for the year that a Smart Meter sat on my house. I would wake up in the night and feel the bed pulsing – mechanically, regularly – and I had no idea why. Only when the Smart Meter was removed, at my request, by way of the “opt-out program” finally won

for people in San Diego County by the dedication of one woman (Susan Brinchman of La Mesa), did the quivering of my bed finally stop. And other things happened too. I felt at peace in my house, after a year of what seemed to be mounting stress. I do not class myself as “EHS” (electro-hypersensitive), but I have gotten to the point that I now get a mild headache within a few minutes of being near a live cell phone (as opposed to one that's shut off) and a blasting headache if I am near a wi-fi router. This is my built-in “body canary” warning me of danger.

Here's an odd little sidebar: Termites are a big problem in California, and houses must be periodically “tented” (i.e., fumigated) to get rid of them. A pest-control man told me the swarming months are August through October, when termites ride on the wind until they strike wood, upon which their wings fall off and they begin to bore. The ground in southern California during late summer and early fall is peppered with tiny black termite wings, and the inside of your house may be swarmed as they pour through an opening they themselves have created, looking for more wood. My house has been tented twice. The modern gas of choice is Vikane, or sulfuryl fluoride – said to be odorless and leaving no residue. I was not crazy about flooding my house with Vikane, but it had to be done: the little beasts had gotten too prolific and were deep inside the walls. When it was all done and I settled back in after a three-day absence, I felt an amazing quiet– a stillness and peace that hadn't been in the house before. Had the little beasties been chewing *audibly*? I wondered. In a follow up call to the fumigation coordinator, I mentioned the new feeling in my house, and he answered, to my utter surprise: “Yes, people actually report that. You go back home and it's totally quiet. It's like you could hear them when they were alive.”

So here's my point: If you can sense termites gorging themselves deep inside your walls, why wouldn't you be able to sense oscillating electromagnetic frequencies as they bob around you transmitting messages, conversations, and downloading reams of informational data? It seems that many people can. Or their bodies can. We are “beings of frequency,” as metaphysics and certain scientists now confirm, and frequencies modulate our lives, all the way to the depths of our trillions of cells.

The uptake and release of protons and electrons on the cellular level is how we obtain and expend the energy necessary for everything we do. It is electricity, created by biochemical exchanges. Ionized (electrically charged) minerals play a key role in this biochemistry, which could also be called “bioelectricity.” We are bio-electric creatures. As voices against wireless radiation are continually pointing

out, our brains and bodies thrive in extremely low frequencies: i.e., 7-8 Hertz. The 2.4 billion oscillations per second (Hertz) of the modern cell phone as it transmits right against the human temple has a drastic effect on the cells. All it takes is a little imagination to get this, yet the picture is not sinking in. Tell the average American that the little rectangular computer he carries around in his pocket all day may one day give him a breast or brain tumor and he will chuckle and walk on by.

I was taking a nice walk on the beach on a lovely sunny day this week, and I decided to see how many people had an iPhone. It wasn't hard: most just carried it in their hand, looking down, scrolling, wires going up to their ears (because the sound of waves crashing is not as interesting as *music*); and those who were actually striding along in the fresh air swinging their arms *all* had a telltale rectangle pressing through their back pocket. It became predictable, my Harriet-the-Spy experiment – a game with no variation. Not one of these people could be parted from their favorite electronic toy to fully enjoy the wondrous dazzle of sunshine on water and the crisp ocean wind.

Seeking Electro-refuge

Cell towers are more abundant in urban coastal areas today than in rural areas because of population density, and because life is more expensive the closer you are to the water, the urban coast is peppered with people who want, love and can afford all sorts of gadgets. A TV special initiated by Kristen Fisher of WUSA9 of the Washington D.C. area (see the video at <http://www.wusa9.com/news/article/245588/158/Wireless-Refugees-Cell-Phones-WiFi-Making-Us-Sick>) informs us that there are now more cell phones in America than there are people—322 million – which means that some people have more than one cell phone. New York super-realtor Dolly Lenz has nine Blackberries of descending importance (the last being one she checks very infrequently). “I wouldn't sleep deeply because of the Blackberry,” she said on a television show. “It's calling me. It *calls* me.” Even her kids have learned which Blackberry is ringing – a high- or low-priority one.

But in Green Bank, West Virginia, there is peace to be found—no radio frequencies. Why? Because of a massive and very sensitive space telescope. Virginia news station WDBJ7.com reports:

Inside the “National Radio Quiet Zone,” a 13,000-square-mile piece of land free from most radio signals ... are Covington, Clifton Forge, Lexington and Buena Vista. But even more restrictive is the

10-mile radius [unincorporated Green Bank] around a massive radio telescope that maps outer space. Without it, there'd be no “Quiet Zone.” It's taller than the Statue of Liberty and receives radio waves from across the universe. But any electromagnetic signals within a 10-mile radius could potentially ruin their research.

Mike Holstine works at the site and says they constantly monitor for any electromagnetic radiation that would disrupt work in Green Bank. No Wi-Fi, cell phones, rogue radio waves are allowed. “It's been likened to a single snowflake hitting the ground, that's how weak these signals [from space] are,” says Holstine. (See http://articles.wdbj7.com/2011-09-22/electromagnetic_30191859)

So this is where people are going to shelter themselves from electromagnetic waves. There are only 30 of them so far – people with EHS, or electromagnetic hypersensitivity, who have moved from elsewhere in the country (and Canada) in search of a “radio dead zone.” Says WUSA9:

... [T]hink about the electromagnetic spectrum. The radiation that comes from things on the long-wavelength end of the spectrum—power lines and AM/FM radio—are harmless. But the radiation that comes from things on the short-wavelength end—gamma rays and X-rays—can hurt us. Wireless technology sits right on the threshold of what's safe for us and what's not. So, what if some people are simply more sensitive to it than others?

I thought this wasn't a bad way of describing the scenario to the general public. That wireless “sits right on the threshold.” But it isn't actually true. Power lines aren't harmless. Even my UPS man told me a story about that, and many such stories are being told all over the country: a neighborhood or street flanked by power lines on one side and no power lines on the other. “Every one of those kids who lived on the other side of the street – the side with the power lines,” my UPS man told me, “ended up with cancer or became a criminal.” I was not surprised to hear the first and quite a bit surprised to hear the latter, but maybe personality or character modulation *is* an outcome of such exposures. Is there science to prove it?

I ask that only because of the dismissal made by physics professor Robert Park of the University of Maryland, featured in WUSA9's report, concerning EHS – this matter of acute sensitivity to electromagnetic frequencies felt by

increasing numbers of people around the world. Dr. Park says there is no evidence that EHS exists. “There’s not only no science—there’s science showing that there’s no science,” was his retort to the news reporters.

Now that’s a good one, and it *sounds* good – so good that Joe America is very likely to run with it. Pretty soon you’ll hear people whipping this out: “There’s no science to prove cell phones are bad – and there’s science *proving* there’s no science! Ha!” I wonder what science proves there’s no science? I have myself encountered people who “work in the industry,” they tell me, who laugh and guffaw and insist there is no science, as did a man who took my Wireless Radiation Fact Sheet card and just stared at the websites and resources on the back (many of which sound very scientific), and kept repeating, “There’s no science.”

Where is there no science? The recently released 2012 BioInitiative Report actually changed its recommended levels for EMF safety. From the Conclusions Table of the 2012 BioInitiative Report (with some clarifications from Sue Brinchman, whose [ElectrosmogPrevention.org](http://www.electrosmogprevention.org) website has its own very detailed page: see <http://www.electrosmogprevention.org/smart-meter-resources-links/safety-guidelines-for-rf-exposure/>):

On a precautionary public-health basis, a reduction from the BioInitiative 2007 recommendation of 0.1 uW/cm² (or one-tenth of a microwatt per square centimeter) for cumulative outdoor RFR down to something three orders of magnitude lower (in the low nanowatt per square centimeter range) is justified.

A scientific benchmark of 0.003 uW/cm² or three nanowatts per centimeter squared for ‘lowest observed effect level’ for RFR is based on mobile phone base station-level studies.

Applying a ten-fold reduction to compensate for the lack of long-term exposure (to provide a safety buffer for chronic exposure, if needed) or for children as a sensitive subpopulation yields a 0.0003 uW/cm² [3.0 uW/m², or 300 to 600 picowatts per square centimeter] precautionary action level. This equates to a 0.3 nanowatts to 0.6 nanowatts per square centimeter as a reasonable, precautionary action level for chronic exposure to pulsed RFR.

This may sound like so much mumbo-jumbo, particularly because people are unfamiliar with scientific symbols, but

suffice it to say that, after five years of more independent studies, the key concepts are *reduction* of the 2007 BioInitiative Report recommendations from 1000 microwatts per m² *down to no more than* 3 to 6 microwatts per m². The federal guideline remains at 10 million microwatts per m², which is 10,000 times higher than the previous BioInitiative standard, and over 3 million times higher than the new BioInitiative standard. The relation to square meters (“per meter squared”) has to do with surface area contact – as on human skin. The federal standard was yielded by ancient studies funded by the telecom industry (cough, cough, no surprise), and these must comprise the “science,” per Dr. Robert Park; while the 1800 new studies on which the BioInitiative Report is based are undoubtedly the “no science.” I still want to know how to find the science that shows the no science, though ...

Defining “Science”

I suppose it all boils down to how you define science. What is a scientist? There are lay scientists and credentialed scientists and government scientists and independent scientists. People who have a Master’s degree (M.S.) qualify as scientists, but usually only if they are actually working on science matters, as they themselves will tell you, because science is apparently an active, ongoing field, and just having studied it at some point in your life doesn’t mean you’re automatically a scientist. Perhaps Dr. Park of the University of Maryland only counts government scientists as scientists, or perhaps he only counts the hard sciences (like physics, his own field) and not medical sciences like neurology, the field of Dr. Marino, the other specialist featured in the WUSA9 report. From the report:

In 2011, the World Health Organization (WHO) classified radio frequency electromagnetic fields as “possibly carcinogenic to humans.” But the report stopped short of recognizing EHS as a real medical condition. It said the symptoms are certainly real, but “there is no scientific basis to link EHS symptoms to electromagnetic field exposure.”

Dr. Andrew Marino, a neurology professor at Louisiana State University, disagrees with the World Health Organization. “You’re talking about an area that hasn’t been studied,” said Marino. Last year, Marino published a study in the *International Journal of Neuroscience* titled, “Electromagnetic Hypersensitivity: Evidence for a Novel Neurological Syndrome.” It concluded that EHS can occur as an environmentally inducible neurological syndrome. “There’s no question in

my mind that exposure to environmental electromagnetic fields produces acute responses,” said Marino.

Once again, I would point out, respectfully disagreeing with Dr. Marino, that it *is* an area that has been studied, and quite a lot. If you really dig for the research, you will find that “the government” knew decades ago that non-thermal, non-ionizing (wireless) radiation was harmful to tissues, but they decided not to reveal this.

From a piece called “*Death, Lies and Mutations: What the Military Kept from the Public on Microwave Radiation Part 2*” written by Brian Thiesen of British Columbia, Canada (<http://www.empowernetwork.com/tmoney777/blog/death-lies-and-mutations-what-the-military-kept-from-the-public-on-microwave-radiation-part-2/?id=tmoney777>):

Long ago, microwave radiation was beginning to be used—somewhere in the 1930s or so for industrial purposes and some military applications. [W]ith the military being so close to this stuff, as time went on into WWII and beyond, they figured out how bad microwave radiation /RF was to humans. So in their infinite wisdom, rather than protecting the public at large, their soldiers and enemy from microwave radiation, they decided they would work with this technology and find out just what it could do.

Keep in mind, the military has two objectives: to understand “Can we hurt people with this?” and “How do we protect our side if the other side has this weapon?” So ALL sides and ALL militaries (Russia, UK, USA, Canada etc.) after learning a thing or two started to play around with this technology and as they went further, most of the projects went underground. Why? This happened because they figured out that this may be the greatest weapon known to man, if not at that time, certainly in the future. It is invisible, can travel large distances, costs very little, is tasteless, odourless, you can’t hear it and when being hit by it, the enemy has no idea it is even happening. If you want to dig into this further, a great, possibly the best source for data on all of this is here: <http://jenniferlake.wordpress.com/>

So what happened is they found out that at very low levels microwave radiation could cause serious damage to people. This was a big problem, but not unsolvable. It was a simple thing they did.

They decided to create a very high number for exposure for heat effect alone, and all else under that was “safe.” A world opened to them and at the same time closed for the prosperity and health for mankind. This allowed the massive proliferation of this technology for destruction; military style, but also for it to develop into the one of the biggest threats to health humanity has ever faced. This is evidenced by the fact that at least 5 billion people use and carry these devices on them everyday.

Thus, with the new “safety level,” effects were recognized only if they showed “heating” or “thermal” effects. This is the stance of Big Telecom, Military, Industry, etc. Heating does occur at much higher levels than what a cell phone etc. can typically cause you to notice. However, heating still occurs at low levels as cells are being oscillated back and forth millions or billions of times per second, from multiple devices at multiple frequencies, 24/7. Even if heat is not detectable at all, you are causing great destruction.

The stance of advocates against microwave radiation, science, the laws of electricity and physics say we are vulnerable at levels far below “thermal” effects, this being called “non-thermal.” That is your controversy right there explained. They say nothing happens until you heat up; “we” say with microwave radiation, you are disrupting every cell, frequency, signal and nerves of the body. [A]dmitting the damage from microwave radiation would instantly hold the military and telecoms accountable for untold numbers of deaths and diseases from microwave radiation. Liability is being avoided for the sake of profit, which in the end is the true driver of this technology.

Private vs. Public

I would respectfully disagree with this particular conclusion, offering instead that there is much more to the game than mere profit, and that experiments with living species are an area of great interest to the perps. Brian Thiesen has posted another piece called “*An Introduction to the Private*,” in which he reveals that the term “public” is another handy trick of the perps, actually referring to a corporatization of us all and their right to thus do with us as they please. This document (http://bcfreedom.files.wordpress.com/2013/01/introduction-to-the-private-feb-21_13-1.pdf) has two lists:

Private

- human
- living man or woman
- unalienable rights
- sovereign
- not bonded
- exempt from levy
- common law (do no harm)
- trust-creditor
- trust beneficiary
- not in commerce

Public

- corporation
- artificial person
- inalienable rights
- citizen/resident
- bonded - birth certificate
- levy - liens & taxes
- legal (statutes, acts, etc.)
- trust-debtor
- trust-trustee
- in commerce

The Private is Living Men, Women and Children.

The Public is Government and Registered Corporations called Persons.

Addressed primarily to Canadians (because the writer is from B.C.), the document goes on to say:

The people did not vote to be under the government yoke of the (PUBLIC) Canadian Constitution. ... That is the good news! The people chose to remain free in the PRIVATE – just as the people have always been in reality. Most people just never knew they were/are PRIVATE, because governments and private corporations profit from the people’s ignorance, while milking them as members of the general PUBLIC. If the people knew they are not PUBLIC – but PRIVATE, with PRIVATE rights superseding PUBLIC government – the people could rebel and expose the magnitude of PUBLIC wrongdoings.

...

Why Have People’s Smart Meter Cries Been Ignored in Court?

The PUBLIC is the LEGAL system. The LEGAL system does not apply to the PRIVATE people. Below is a screen shot from *Corpus Juris Secundum*, the encyclopedia of U.S. law. “§4: **Attorney & Client:** His first duty is to the COURTS and the PUBLIC, not to the CLIENT.”

...

Indeed, government concentrates on their own social and economic initiatives by operating as private corporations – playing both sides of the PUBLIC and PRIVATE for profit, while convincing the PRIVATE people to carry all PUBLIC debt burden. The PRIVATE people, hoodwinked into believing they are the PUBLIC, pay everyone’s ballooning government debt while government privatized corporation(s) skim everything off as profit. One might refer to it as a massive international banking heist.

Dangerous Assumptions

We make them all the time. Believing in the popular, everyday sense and use of a word, we sling terms around and apply them willingly to ourselves when they actually put us in hugely compromised positions and great danger. In the vise of compromise, which we don’t even recognize, we are bled of our wealth, trained to be slaves, and to work ever harder for that false horizon called More. Smart Meters get put on our houses because we do not know we are Private Individuals, not Persons of the Public. (“Person” is another corporate term.) YOU and I are different. YOU may believe yourself to be ONE with ALL, but I am by my PRIVATE SELF in my true freedom and proud of my own being.

The “ALL ONE PEOPLE” psychic net being thrown around us ensnares individuals into believing that standards set for the PUBLIC by government are safe. The government can do anything it wants to the PUBLIC, but not to the PRIVATE – although unless I make this distinction myself and live by it I will be swept into and kept in the PUBLIC net of All One and the Good of All. There is much to be learned in this new territory of what is PRIVATE and what is PUBLIC, and we need to begin to grasp it! Imagine if all of us as individuals stood up to say I AM PRIVATE – do not include me in your PUBLIC plans and programs.

It may actually be the magic word – this PRIVATE – and notice how the lowest rank in the military is “private.” What could that be based on—an unknowing inductee about to ascend a ladder of service to a corporate entity that masks as our protector? Watch the video by Scott Bartle entitled “What the FUQ - Frequently Unanswered Questions of the Australian Government” (<http://www.youtube.com/watch?v=umVj5XQYAi8>), and be in for a big surprise. Mr. Bartle shows us two kinds of government—a real one and a corporate one, complete with a trademark filed in Washington, D.C, and this does not apply just to Australia.

Toward a Life of Private ...